



THE BLUEBELL HELPSTON

SUNDAY LUNCH SERVED FROM 12 NOON UNTIL 4.00PM

TO START

HOMEMADE SOUP, WARM HOMEMADE BREAD	£5.00
PEA, AVOCADO AND MINT RISOTTO, LEMON OIL	£5.00
SMOKED CHICKEN SALAD, SUN DRIED TOMATOES, MOZZARELLA, BALSAMIC DRESSING	£6.00
LOCAL ASPARAGUS, PARMA HAM, POACHED EGG, PARMESAN	£6.00
BREADED WHITEBAIT, HOMEMADE TARTARE SAUCE	£5.50

IN THE MIDDLE

DUCK BREAST, DAUPHINOISE POTATOES, BABY RAINBOW CARROTS, SPINACH AND HELPSTON RHUBARB	£16.00
GOATS CHEESE, SWEET POTATO & SPINACH PIE, MASH, PEAS, GRAVY	£12.50
SEA BASS FILLET, SPAGHETTI VEGETABLES, HERB POTATOES, CRAYFISH AND PINK GRAPEFRUIT SAUCE	£15.00
HOMEMADE LENTIL BOLOGNESE WITH RICE [VEGAN]	£12.00
TRIO OF LINCOLNSHIRE SAUSAGES, MASH, SEASONAL VEGETABLES AND DAN'S REAL GRAVY	£12.50

SUNDAY ROASTS A TRUE BRITISH TRADITION

SIRLOIN OF BEEF	£14.00
LOCAL LOIN OF PORK	£12.95
BREAST OF CHICKEN	£12.95

ALL ROASTS ARE SERVED WITH YORKSHIRE PUDDING, ROAST POTATOES,
SEASONAL VEGETABLES AND DAN'S REAL GRAVY

WE ROAST OUR JOINTS ON THE DAY SO WHEN THEY'RE GONE, THAT'S IT
(SORRY!)

CHILDREN'S SMALLER PORTION OF ROAST, FOLLOWED BY TWO SCOOPS OF ICE CREAM (CHOCOLATE OR STRAWBERRY)	£7.50
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TO FINISH :	ALL AT	£5.50
WARM RASPBERRY BAKEWELL TART AND HOMEMADE VANILLA CUSTARD STICKY TOFFEE PUDDING, BUTTERSCOTCH SAUCE AND VANILLA ICE CREAM RHUBARB CREME BRÛLÉE AND ORANGE SHORTBREAD CHOCOLATE NEMESIS, FRUITS OF THE FOREST, RASPBERRY COULIS, AND RASPBERRY ICE CREAM		

TRIO ICE CREAM AND SORBETS :	£6.00
ICE CREAMS : RASPBERRY RIPPLE, RUM & RAISIN, CHOCOLATE, STRAWBERRY SORBETS : PASSIONFRUIT/MANGO, RASPBERRY/STRAWBERRY, BLACKCURRANT	

AFFOGATO : VANILLA ICE CREAM WITH A SHOT OF ESPRESSO, AND HOMEMADE
BISCOTTI £4.00 [ADD A SHOT OF YOUR FAVOURITE LIQUEUR +£2.50]

CHEESE :	£8.00
THERE ARE SO MANY GOOD ARTISAN CHEESE-MAKERS THAT WE'VE PICKED THREE WHICH WE SERVE VERY SIMPLY WITH CRACKERS, QUINCE JELLY AND A SHOT OF PORT: CORNISH YARG SEMI HARD COWS MILK - CASHEL BLUE SEMI SOFT SHEEP'S MILK CHEESE - GOLDEN CROSS SOFT GOATS CHEESE - (ALL VEGETARIAN)	



HOT DRINKS	
CAFETIERE (SINGLE)	£2.20
CAFETIERE (FOR TWO)	£4.00
AMERICANO	£1.85
FLAT WHITE	£2.00
LATTE	£2.30
ESPRESSO	£1.75
CAPPUCCINO	£2.30
MOCHA	£2.30
MACCHIATO	£2.00
LIQUEUR COFFEE	£5.00
HOT CHOCOLATE	£2.80
TEAPOT (SINGLE)	£2.00
EVERYDAY BREW, EARL GREY, GREEN TEA, PEPPERMINT, CHAMOMILE FLOWER, DECAFFEINATED TEA.	

WHAT'S COMING UP IN MAY

WEDNESDAY 1ST MAY - MAGPAS CHARITY QUIZ 7:30PM
ENTRY FEE £5 TO INCLUDE BREAD & CHEESE SUPPER

MONDAY 6TH MAY - OPEN FOR LUNCH FROM 12 - 4:00PM

TUESDAY 14TH MAY - PETERBOROUGH MORRIS MEN HERE 8:00PM

FRIDAY 17TH MAY - CURRY NIGHT 2 FOR £25 INC. SIDES FROM 6:00PM

MONDAY 20TH MAY - TERRY'S QUIZ 8:00PM

MONDAY 27TH MAY - OPEN FOR LUNCH FROM 12 - 4:00PM

REGULAR WEEKLY EVENTS ...

MONDAY FROM 5:30PM GRUMPY OLD MEN'S CLUB

SUNDAY FROM 8:00PM - QUIZ NIGHT [ALL WELCOME]