

THE BLUEBELL HELPSTON



NIBBLES AND TO SHARE :

WARM HOMEMADE BREAD, BALSAMIC & OLIVE OIL	£4.00
HOMEMADE HUMMUS WITH PITTA BREAD	£4.00
BREADED WHITEBAIT WITH HOMEMADE TARTARE SAUCE	£4.00
HERB MARINATED PITTED OLIVES	£3.00

TO START :

HOMEMADE VEGETARIAN SOUP WITH HOMEMADE BREAD	£5.00
PEA, MINT AND AVOCADO RISOTTO, LEMON OIL	£5.50
TIGER PRAWNS, GARLIC BUTTER, TOMATOES AND WILTED SPINACH, WARM HOMEMADE BREAD	£6.00
MACKEREL PATÉ, WITH TOASTED CIABATTA, RHUBARB, WATERCRESS AND CUCUMBER	£6.00
SMOKED CHICKEN SALAD, SUN DRIED TOMATOES, MOZZARELLA, AND BALSAMIC DRESSING	£6.00
LOCALLY GROWN ASPARAGUS WRAPPED IN PARMA HAM, POACHED EGG PARMESAN SHAVINGS	£5.50

CHEF'S SPECIALS :

CHICKEN BREAST STUFFED WITH TOMATO, MOZZARELLA & BASIL, SWEET POTATO MASH, ASPARAGUS, AND RED PEPPER SAUCE	£14.00
PORK TENDERLOIN, PURPLE SPROUTING BROCCOLI, SAUTÉ POTATOES, CHORIZO AND ALMONDS, WITH FRESH SAGE GRAVY	£14.50
SEA BASS FILLET, SPAGHETTI VEGETABLES, HERB POTATOES, CRAYFISH AND PINK GRAPEFRUIT SAUCE	£15.00
DUCK BREAST, DAUPHINOISE POTATOES, BABY RAINBOW CARROTS, SPINACH AND RHUBARB	£16.00

- ALSO SEE OUR SPECIALS BOARD -

COMFORT FOOD :	ALL AT	£12.50
TRIO OF STILTON BUTCHER'S LINCOLNSHIRE SAUSAGES, MASH, SEASONAL VEGETABLES AND DAN'S REAL GRAVY		
GAMMON STEAK, HOUSE CHIPS, MUSHROOM, TOMATO, GARDEN PEAS, AND TWO FRIED EGGS		
LOCAL LAMBS LIVER, MASH, FRESH VEGETABLES, BACON AND GRAVY		
BEER BATTERED HADDOCK, HOUSE CHIPS, WITH MUSHY PEAS AND HOMEMADE TARTARE SAUCE		
STEAK AND ALE SHORTCRUST PASTRY PIE, MASH OR HOUSE CHIPS, GARDEN PEAS AND GRAVY		

VEGETARIAN /VEGAN :

GOATS CHEESE, SWEET POTATO & SPINACH PIE, MASH OR HOUSE CHIPS, GARDEN PEAS, AND GRAVY	£12.50
HOMEMADE LENTIL BOLOGNESE WITH RICE	£12.00
PAPPARDELLE PASTA, COURGETTE, MINT, PRESERVED LEMON, FETA CHEESE	£12.00

SIDES: HOUSE CHIPS £4.00 SKINNY FRIES £3.50 MIXED VEGETABLES £4.00

LIGHT BITES SERVED MONDAY TO FRIDAY 12 - 2PM, AND SATURDAY 12 - 5PM	
STEAK SALAD, TOMATO, ROCKET, MOZZARELLA, BASIL & PINE NUTS	£7.50
SMOKED SALMON, AVOCADO AND GRAPEFRUIT SALAD	£7.50
TOASTED MUFFIN WITH SMOKED SALMON AND SCRAMBLED EGGS	£6.50
SPANISH OMELETTE FILLED WITH SUN KISSED TOMATOES & HERBS, ROCKET, PARMESAN	£7.50
FILLED WARM CIABATTAS SERVED WITH HOUSE SLAW AND FRIES LINCOLNSHIRE SAUSAGES AND ONION JAM CHEDDAR CHEESE AND HOUSE CHUTNEY BACON, BRIE AND CRANBERRY BREADED FISH FINGER, TARTARE SAUCE, COZ LETTUCE	£6.75

PUDDINGS :	ALL AT	£5.50
WARM RASPBERRY BAKEWELL TART AND HOMEMADE VANILLA CUSTARD RHUBARB CREME BRÛLÉE, ORANGE SHORTBREAD STICKY TOFFEE PUDDING, FUDGE SAUCE, VANILLA ICE CREAM CHOCOLATE NEMESIS, RASPBERRY RIPPLE ICE CREAM, FRUITS OF THE FOREST		

TRIO ICE CREAM :	£6.00
RASPBERRY RIPPLE, RUM & RAISIN, CHOCOLATE, VANILLA	
TRIO OF SORBETS :	£6.00
PASSIONFRUIT & MANGO, RASPBERRY & STRAWBERRY, BLACKCURRANT	

AFFOGATO :	
VANILLA ICE CREAM WITH A SHOT OF ESPRESSO, HOMEMADE BISCOTTI	£4.00
ADD A SHOT OF YOUR FAVOURITE LIQUEUR	+ £2.40

CHEESE :	£8.00
THERE ARE SO MANY GOOD ARTISAN CHEESE-MAKERS THAT WE'VE PICKED THREE WHICH WE SERVE VERY SIMPLY WITH CRACKERS, QUINCE JELLY & A SHOT OF PORT	
"A NOSE" OF CHEESE WITH 50ML GLASS OF ADNAMS RUBY PORT	£4.95



HOT DRINK AND A SMALL PUDDING	£5.00
MINI VERSION OF STICKY TOFFEE PUDDING SERVED WITH A CUP OF COFFEE OR TEA	

HOT DRINKS	
CAFETIERE (SINGLE)	£2.20
CAFETIERE (FOR TWO)	£4.00
AMERICANO	£1.85
FLAT WHITE	£2.00
LATTE	£2.30
ESPRESSO	£1.75
CAPPUCCINO	£2.30
MOCHA	£2.30
MACCHIATO	£2.00
LIQUEUR COFFEE	£5.00
HOT CHOCOLATE	£2.80
TEAPOT (SINGLE)	£2.00
EVERYDAY BREW, EARL GREY, GREEN TEA, PEPPERMINT, CHAMOMILE FLOWER, DECAFFEINATED TEA.	