



# The Bluebell Inn Helpston

10 Woodgate Helpston PE6 7ED 01733 252394  
www.bluebellhelpston.co.uk

## Nibbles and to share :

Warm homemade bread, balsamic & olive oil	£4.00
Homemade hummus with pitta bread	£4.00
Breaded whitebait with homemade tartare sauce	£4.00
Herb marinated pitted olives	£3.00

## To start :

Homemade vegetarian soup with homemade bread	£5.00
Pea, mint and avocado risotto, lemon oil	£5.50
Tiger prawns, garlic butter, tomatoes & spinach, warm homemade bread	£6.00
Smoked chicken salad, sun dried tomatoes, mozzarella, balsamic dressing	£6.00
Mackerel paté, toasted ciabatta, with rhubarb, watercress and cucumber	£6.00

## Chef's Specials :

Lamb rump, spring vegetables, new potatoes, herb sauce	£18.00
Pork tenderloin, purple sprouting broccoli, sauté potatoes, chorizo and almonds, with fresh sage gravy	£13.00
Sea bream baked with citrus, crab & dulce cake, spinach, caperberry butter	£15.00
Duck breast, balsamic roasted shallots, baby carrots, fondant potatoes, sugar snaps with a port & lime sauce	£16.00

## Also see our Specials Board

## Comfort Food :

all at £12.50

Trio of Lincolnshire sausages, mash, seasonal vegetables and Dan's real gravy
Gammon steak, house chips, mushroom, tomato, garden peas, and 2 fried eggs
Local lambs liver, mash, fresh vegetables, bacon and gravy
Beer battered haddock, house chips, mushy peas, homemade tartare sauce
Steak and ale shortcrust pastry pie, mash/house chips, garden peas, gravy

## Vegetarian / Vegan :

Goats cheese, sweet potato & spinach pie, mash/house chips, garden peas, gravy	£12.50
Homemade Lentil Bolognese with vegan pasta	£12.00
Oyster mushroom & spinach crepes with mascarpone and parmesan, side salad	£12.00

Sides: House chips £4.00 Skinny fries £3.50 Mixed vegetables £4.00

## Light Bites served Monday to Saturday 12 - 2pm

Steak salad, tomato, rocket, mozzarella, basil & pine nuts	£7.50
Smoked salmon, avocado and grapefruit salad	£7.50
Toasted Muffin with smoked salmon and scrambled eggs	£6.50
Spanish Omelette filled with sun kissed tomatoes & herbs, rocket, parmesan	£7.50
Filled warm Ciabattas served with house slaw and fries	all at £6.75
Lincolnshire sausages and onion jam	
Cheddar cheese and house chutney	
Bacon, brie and cranberry	
Breaded fish finger, tartare sauce, coz lettuce	

## Puddings : all at £5.50

Warm raspberry Bakewell tart and homemade vanilla custard	
Sticky toffee pudding with butterscotch sauce and vanilla ice cream	
Rhubarb creme brûlée and orange shortbread	
Blondie brownie, raspberry coulis	
Trio Ice cream & sorbets :	£6.00
Vanilla, Chocolate, Strawberry, Rum & Raisin, Jaffa Cake, Mocha ice cream	
Passionfruit & Mango, Raspberry & Strawberry, Blackcurrant sorbet	
Affogato : vanilla ice cream with a shot of espresso, homemade biscotti	£4.00
Add a shot of your favourite liqueur	£2.40

## Cheese : £8.00

There are so many good artisan cheese-makers that we've picked three which we serve very simply with crackers, quince jelly and a shot of port.

Cornish Yarg semi hard cows milk - Cashel Blue semi soft sheep's milk cheese - Golden Cross soft goats cheese - (all vegetarian)

"A nose" of cheese with 50ml glass of Ruby Port £4.95



Hot drink and a small pudding £5.00

Choose a mini version of Sticky toffee pudding or Blondie Brownie served with a cafetiere of coffee or pot of tea.

## Hot drinks

Cafetiere (single)	£2.20
Cafetiere (for two)	£4.00
Americano	£1.85
Flat white	£2.00
Latte	£2.30
Espresso	£1.75
Cappuccino	£2.30
Mocha	£2.30
Macchiato	£2.00
Liqueur coffee	£5.00
Hot chocolate	£2.80
Teapot (single)	£2.00
Everyday Brew, Earl Grey, Green Tea, Peppermint, Chamomile Flower, Decaffeinated tea.	

