



the bluebell helpston

contains [dairy](#)

NIBBLES AND SHARING

warm homemade bread, balsamic & olive oil	£4.00
homemade hummus with pitta bread	£4.00
breaded whitebait with homemade tartare sauce	£4.00
herb marinated pitted olives, green and black	£3.00

STARTERS

homemade vegetarian soup with homemade bread	£5.00
pea, mint and avocado risotto, lemon oil	£5.50
tiger prawns, garlic butter , tomatoes and wilted spinach, warm homemade bread	£6.00
mackerel paté , with toasted ciabatta, rhubarb, watercress and cucumber	£6.00
smoked chicken salad, sun dried tomatoes, mozzarella , and balsamic dressing	£6.00
locally grown asparagus wrapped in parma ham, poached egg , parmesan shavings	£5.50

THE MAIN EVENT

chef's specials	
cornfed chick breast	£15.00
spinach & parmesan gnocchi , chorizo, tenderstem broccoli, sun kissed tomatoes	
five spice duck breast	£15.00
orange, cucumber and pomegranate salad; soy, lime and chilli dressing	
baked heritage beetroot [vegan]	£12.00
herb polenta cake, salsa verde, watercress	
pork tenderloin	£14.00
mustard mash , courgettes; peas, parma ham and mint, adnams 'wild wave' cider gravy	
monkfish tail	£16.00
hasselback potatoes, broad beans, peas and young carrots, citrus salsa	

- ask about today's specials -

comfort food all at £12.50

trio of sausages - stilton butcher's lincolnshire sausages, mash , seasonal vegetables & dan's real gravy
gammon steak house chips, mushroom, tomato, garden peas and two fried eggs
local lambs liver, mash, fresh vegetables, bacon and dan's real gravy
fish 'n chips - beer battered haddock, house chips, mushy peas and homemade tartare sauce
steak & ale pie shortcrust pastry pie , mash or house chips, garden peas, jug of gravy
goats cheese, sweet potato & spinach pie , mash or house chips, garden peas, jug of gravy [vegetarian]

extras: house chips £4.00 / skinny fries £3.50 side of mixed vegetables £4.00

the descriptions on our menus do not include all ingredients, please ask if you have a dietary requirements
all gratuities and service charges go to the team that prepare and serve your meal and drinks